# A Primer on Naturally Occurring Radiation

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#### First, The Fine Print...

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#### My Goals

- Provide an understanding of what radiation is
- Explain terms and definitions you will come across
- Give points for comparison
- Review some data about drilling
- Help with "Where do we go from here?"

#### Tonight's Discussion Part 1

The atom

- Protons, neutrons, and electrons OH MY!
- What is radiation?
- How do we measure radiation?
- Where does radiation come from?
- How does radiation affect me?

#### Tonight's Discussion Part 2

• What is in the shale? • What is around drill sites? • What could get into water? • What if I have radon in my home? • Questions?

#### High Tech Content Warning

#### High tech content will have



in the upper right corner

#### The Atom

# Basic model Central nucleus surrounded by electrons Nucleus Protons – +1 electric charge Neutrons – 0 charge

#### The Atom

#### Electrons

- "Cloud" around the nucleus
- Have a -1 charge
- Much smaller than proton or neutron
- There is one electron in "orbit" for each proton in the nucleus





#### The Atom

- Number of protons determines the element
  - I proton = Hydrogen
  - 86 protons = Radon
  - 88 protons = Radium
  - 92 protons = Uranium

Number of neutrons determines the isotope
U-238 – 92 protons, 146 neutrons
U-234 – 92 protons, 142 neutrons

Isotopes are a different "flavors" of an element

#### **Atoms Are Building Blocks**

#### • Remember the basic model of the atom?



#### • Groups of atoms make molecules by sharing electrons







#### **Atoms Are Building Blocks**

• Large groups of molecules make up cells





- Large groups of cells make up different organs
- Groups of organs make up US!

Radiation – is energy emitted by objects

#### Examples

- Radio antennas emit RF radiation
- Microwave ovens microwave radiation
- Hot objects ovens emit IR heat radiation
- The Sun visible and UV light radiation
- Atoms emit particle and x-ray radiation

- ALL types of radiation can be harmful at inappropriate levels
  - Too much IR heat burns
  - Too much UV sun burn, increased risk skin cancer
  - Too many x-rays increased risk of cancers

The harm depends on the dose



Two categories of radiation
Non-ionizing or
Ionizing (also called nuclear radiation)

 Non-ionizing – cannot directly break molecules apart

Ionizing – can break molecules apart





#### Four Major Types of Radiation

- Alpha (α) high energy particle from heavy radioactive elements, high dose internally (U, Th, Ra)
- Beta (β<sup>-</sup>) electron from nucleus of light radioactive elements (H-3, C-14, K-40)

• Gamma or x-ray ( $\gamma$ ) – high energy light beyond the UV

 Neutron (n) – particle emitted from fission or high energy reactions (reactors, high energy accelerators)

#### Exposure to radiation <u>does not</u> make you radioactive

# How Do We Measure Radioactivity

Inches and centimeters to measure distance ...

Radioactive material

USA uses Curies (Ci)
US DOT and international – Becquerels (Bq)

1 Curie = 37 billion decays per sec
1 Becquerel = 1 decay per sec



- Scientific notation review
  Pico *p* 1 trillionth, 10<sup>-12</sup>
  Nano *n* 1 billionth, 10<sup>-9</sup>
  Micro μ or *u* 1 millionth, 10<sup>-6</sup>
  Milli *m* 1 thousandth, 10<sup>-3</sup>
  - Kilo k 1 thousand,  $10^3$
  - Mega M-1 million,  $10^6$
  - Giga G 1 billion,  $10^9$
  - Terra T-1 trillion,  $10^{12}$



ARGER

#### • Familiar scientific notation examples

Radio Jhaek T 25 00 Model II Microcomputar	Radio fhack Certified Disket	
	Å	
-		

	HD	
INDEX		



5.25 inch Floppy 360 kB 360,000 bytes 3.5 inch Floppy 1.44 MB 1,440,000 bytes Hard Drive 640 GB 640,000,000,000 bytes



#### Radioactivity examples







Check Source 1 μCi 0.000 001 Ci Lab and Hospital Sources 5 mCi 0.005 Ci Irradiator 1 to 50 kCi 1,000 to 50,000 Ci

#### Relative scale of radioactivity levels

PicoCuries pCi Enviro Levels MicroCuries μCi Small Amount Generally Low Hazard MilliCuries mCi Moderate Amount Moderate Hazard Curies Ci Large Amount Potentially Large Hazard

Becquerel Bq Enviro Levels KiloBecquerel kBq Small Amount Generally Low Hazard MegaBecquerel MBq Moderate Amount Moderate Hazard

GigaBecquerel GBq Large Amount Potentially Large Hazard



nits for Act	wity			
1 Bq	37 Bq	1 kkBq	37kBq	1MBզ ∣
۲ pCi	1 nCi	27 nCi	1 uCi	27 uCi
7 MBq	1 GBq I	37 GBq	1 TBq	37 TBq
1 m Ci	 27 mCi	1 Ci	27 Ci	1000 Ci

Sub multiple	<b></b>		
$10^{-3}$	milli	m	
$10^{-6}$	micro	u	
10.9	nano	n	
10.12	pico	р	
ntiples			
10 <sup>3</sup>	kilo	k	
$10^{6}$	mega	М	
10 <sup>9</sup>	giga	G	
$10^{12}$	tera	Т	

Some Conversion Factors
1 pCi = 0.04 decays / sec
1 decay / sec = 27 pCi
1 Bq = 1 decay / sec
1 ppm = 1 milligram / kg
1 ppm U-238 = about 12 decay / sec per kg 336 pCi / kg 5 decay / sec per lb 147 pCi / lb
1 q = \$1 bill

2.5 g = 1 new penny



- Half-life  $T_{1/2}$ 
  - Amount of time for ½ of activity present to decay away
  - Widely varying from less than 1 sec to billions of years

Cs-137	30.07 years	H-3	12.3 years
TI-201	3.04 days	C-14	5700 years
Rn-222	3.8 days	U-238	4,470,000,000 yrs



#### **Decay Curve**





- Activity is <u>NOT</u> an indication of source <u>physical</u> size
  - 1 Ci of Co-60 = 0.03 ounces (short half-life)
  - 1 Ci of Th-232 = 10 tons (very long half-life)

Short half-life = more intense radiation
Long half-life = longer to wait for it to disappear

#### **Radiation Dose Units**

Radiation dose measured using
Radiation Equivalent Mammal – rem
1 rem = 1000 millirem

International units

- Seivert Sv
- 100 rem = 1 Sv

#### **Radiation Dose Units**

# NRC and NYDOH dose limits Rad workers – 5000 mrem / yr total General public – 100 mrem / yr total Medical exposures NOT counted

 Environmental release limits from DOH and DEC

- Air and water
- DEC limits effluents to 50 mrem / yr

- Our world and universe are naturally radioactive
- Radiation is constantly being produced
- More than 60 naturally occurring radioactive elements, few are significant
- Three major sources
  - Cosmic from space
  - Terrestrial from the earth
  - Man-made artificially made

- Idaho State University
  - http://physics.isu.edu/radinf/natural.htm

#### Cosmic radiation

- Our Sun and every star is a nuclear fusion reactor
- High energy radiation interacts with our atmosphere
- Global source of Carbon-14 and Hydrogen-3



#### • Carbon-14

- In all living things including humans
- About 6 pCi / gram in organic matter
- Humans contain about 0.1 μCi (100,000 pCi) (3700 decays/sec)

#### Hydrogen-3 (Tritium)

- All water contains some H-3, drinking water less than 270 pCi/L (10 d/sec per L)
- Ocean water about 0.02 pCi/L
- EPA limit 20,000 pCi/L (about 1% of background dose)

Calculated cosmic ray doses to a person flying in subsonic and supersonic aircraft under normal solar conditions

Route	Subsonic flight at 36,000 ft (11 km)			Supersonic flight at 62,000 (19 km)		
	Flight duration (hrs)	Dose per round trip		Flight duration	Dose per round trip	
		(mrad)	(µGy)	(hrs)	(mrad)	(µGy)
Los Angeles-Paris	11.1	4.8	48	3.8	3.7	37
Chicago-Paris	8.3	3.6	36	2.8	2.6	26
New York-Paris	7.4	3.1	31	2.6	2.4	24
New York-London	7.0	2.9	29	2.4	2.2	22
Los Angeles-New York	5.2	1.9	19	1.9	1.3	13
Sydney-Acapulco	17.4	4.4	44	6.2	2.1	21

- Terrestrial radiation
  - Radioactive elements are part of our planet
  - Primarily Uranium-238 and Thorium-232 in rocks and soils, and Potassium-40
  - Great variation in concentrations
  - Decay of U and Th creates radium and radon
  - Potassium is important for human health




#### **U-238 Concentration**







#### Th-232 Concentration





#### • Why are U-238 and Th-232 important?

- Both live for a very long time
   U-238 4,470,000,000 yr half-life
   Th-232 14,100,000,000 yr half-life
- Both have several decay products that are radioactive
- Both create Radium and Radon
- More about Radon later....



SOURCE: Putnam, Hayes & Bartlett, Inc., September 1987.





Thorium-232 Decay Series

SOURCE: Putnam, Hayes & Bartlett, Inc., September 1987.

#### • U-238

- Average soil concentration is about 2 ppm, granite is about 2 to 20 ppm, and richer deposits up to 50 – 1000 ppm
- A 10 ft x 10 ft x 1 ft deep garden contains about 12 μCi (440,600 d/sec) using the avg soil concentration
- Granite counter tops wide variation in U content and radon release, limited testing generally not found issues
- In humans about 30 pCi (1 d/sec) of U and Ra, about 3 pCi of Th

#### • K - 40

- In soil, about 20 pCi/gm
- Potassium is important for human health
- 1/100 of 1% of all Potassium is K-40
- We contain about 0.12 μCi (4,400 d/sec)
- Salt substitutes are KCl, 1 g packet = 433 pCi



• Some foods are naturally high in Potassium (and Radium)

	Banana	Brazil Nuts	Carrots	White Potatoes	Beer	Red Meat	Raw Lima Beans
K-40 (pCi/kg)	3,520	5,600	3,400	3,400	390	3,000	4,640
<b>Ra-226</b> (pCi/kg)	1	1000 - 7000	0.6 - 2	1 – 2.5		0.5	2 - 5

Man-made sources

- Medical and health care
  - Diagnostic x-rays (dental, chest, etc.)
  - Treatment, radiotherapy
  - Nuclear medicine
  - The largest contributor to our background



## Radiation Sources in Health Care

#### • X-ray, accelerators









### Radiation Sources in Health Care

Sealed sources

• Co-60, Ir-192

#### Radioactive materials

- F-18
- Tc-99m
- I-131
- TI-201







Business and industrial

Radiography

 Process controls (e.g. thickness, level, flow control)

Research and development



### **Radiation Sources in Industry**

#### Radioactive material sources • Cs-137, Co-60, AmBe, Ir-192





Model 3440

### **Radiation Sources in Industry**

# Unsealed sources Po-210, Am-241, H-3









### **Radiation Sources in Industry**

Research and development









#### Consumer products examples

- Smoke detectors Am-241
- Jewelry, cloisonne U
- Antique glass U
- Old watches, clocks Ra-226
- Old tube-type TV power supplies x-rays
- Some dishware (Fiestaware) U
- Camping gas lantern mantels Th
- Tobacco products U, Pb, Po

#### Radiation Exposure Comparison Charts

Exposures from Natural Background or Consumer Products	<b>Potential Dose</b>
Airplane ride at 39,000 feet	0.5 mrem/hour
Dose from weapons fallout in the United States (approximated)	1 mrem/year
Dose from building materials	3.5 mrem/year
Average annual dose from radioactive materials in consumer products in the United	10 mrem/year
States	
Radon in drinking water	1-6 mrem/year
Natural radionuclides in the body, such as <sup>40</sup> K and <sup>14</sup> C	39 mrem/year
Terrestrial background radiation on the Atlantic Coast	16 mrem/year
Terrestrial background radiation in the Rocky Mountains	63 mrem/year
Cosmic radiation at sea level	26 mrem/year
Cosmic radiation in Denver, Colorado	50 mrem/year
Cosmic radiation in Leadville, Colorado	125 mrem/year
Average cumulative natural background in the United States	300 mrem/year

Exposures from Medical Procedures	Potential Dose
Mammogram	6 mrem/exposure
Chest x-ray	8 mrem/exposure
Hand/foot x-ray	10 mrem/exposure
Head/Neck x-ray	20 mrem/exposure
Average annual dose from medical procedures in the United States	50 mrem/year
Lumbar spinal x-ray	127 mrem/exposure
Upper gastrointestinal (GI) series	245 mrem/exposure
Lower gastrointestinal (GI) series	405 mrem/exposure
Bone scan ( <sup>99m</sup> Tc)	440 mrem/exposure
Thyroid diagnostic exam ( <sup>131</sup> I)	590 mrem/exposure
Heart perfusion diagnostic exam ( <sup>201</sup> Tl)	1,040 mrem/exposure
Tumor diagnostic exam ( <sup>67</sup> Ga)	1,220 mrem/exposure
Thyroid dose from diagnostic exam ( <sup>131</sup> I)	1,960,000 mrad/exposure
Average breast tissue dose following lumpectomy for breast cancer	4,750,000 mrad total
Average tumor dose from therapeutic nuclear medicine	5,000,000 mrad total
Average prostate tissue in treatment for prostate cancer	6,600,000 mrad total
Average tumor dose from brachytherapy for some prostate cancers	15,000,000 mrad total



About 360 mrem/yr in the US total

About 240 mrem/yr from natural

NCRP Report No. 160, Ionizing Radiation Exposure of the Population of the United States 2009



# Estimate your personal annual radiation do

We live in radioactive world – humans always have. Radiation is part of our natural environment. We are exposed to radiation from materials in the earth itself, from naturally occurring radon in the air, from outer space, and from inside our own bodies (as a result of the food and water we consume). This radiation is measured in units called millirems (mrems). The average dose per person from all sources is about 360 mems per year. It is not, however, uncommon for any of us to receive far more than that in a given year (largely due to medical procedures we may undergo). International Standards allow exposure to as much as 5,000 mems a year for those who work with and around radioactive material.

1.	FACTORS	COMMON SOURCES OF PADIATION	YOUR ANNUAL DOSE (manufic)
	• WHERE	Cosmic radiation (from outer space)	
		Exposure depends on your elevation (how much air is above you to block radiation). Amounts are listed in mem (per year)	mrem_
•		At sea level	
• •		1-2000 ft	
• •		5-6000 fl	
		Minneapolis 815; Pittsburgh 1200; St. Louis 455; Salt Lake City 4400; Spokane 1890.]	
		Terrestrial (from the ground)	
		If you live in a state that borders the Gulf or Atlantic Coasts, add 16 mrem	mrem
• •		If you live in the Colorado Plateau area (around Denver), and 65 milem If you live anywhere else in the continental US, add 30 mrem.	
• •		House Construction	
• •		If you live in a stone, adobe, brick or concrete building, add 7 mrem	mrem <sub>e</sub>
		Power Plants	
		It you live within 50 miles of a nuclear power plant, add 0.01 mrem If you live within 50 miles of a coal-fired power plant, add 0.03 mrem	• • • • •
	• • <b>#008</b>	Internal Radiation***	
	· WATER	From food (Carbon-14 and Potassium-40) & from water (radon dissolved in water)	- 40 mrem•
		From air (radon)	200 mrem
	HOW	Weapons test fallout (less than 1)*1 mrem	1_ mrem
	YOU	Jet Plane Travel	mrem
		If you have porcelain crowns or false teeth**	mrem
•		If you wear a luminous wristwatch	• • • • mrem
• •		If you go through luggage inspection at airport	• • • • • • • • • • • • • • • • • • •
		If you watch I y	
		If you use video display terminal (computer screen)*	• • • • • • • •
		If you have a smoke detector	- mrem
		If you use a gas camping lanem	mrem
		Madical Discoveries Tests Number of millions are assessed	
• •	TESTS	X-Rays: Extremity (arm, hand, foot, or lee)	
		Pelvis/hip65 Skull/neck 20 Barium enema405 Upper Gl245	🕂 🔹 💼 👘 rem *
• •		CAT Scan (head and body)110 Nuclear Medicine (e.g., thyroid scan)14	
	YP	UR ESTIMATED ANNUAL RADIATION DOSE	mrem
• • Th	e value is less than 1, but a	dding a value of 1 would be reasonable.	

Some of the radiation acurces listed in this chart result in an exposure to only part of the body. For example, false teeth or crowns result in a radiation dose to the mouth. The annual dose numbers given here represent the "effective dose" to the whole body.

\*\*\* Average values? •

Primary sources, for this information are National Council on Radiation Protection and Measurements Reports: #92 Public Radiation Exposure from Nuclear Power Generation in the United States (1987); #93 Ionizing Radiation Exposure of the Population of the United States (1987); #94 Exposure of the Population in the United States and Canada from Natural Background Radiation (1987); #95 Radiation Exposure of the U.S. population from Consumer Products and Miscellaneous Sources, (1987); and #100 Exposure of the U.S. Population from Diagnostic Medical Radiation (1989).



#### About 360 mrem / yr in the US

#### See also:

http://www.epa.gov/rpdweb00/ understand/calculate.html

#### for EPA's on-line calculator



©2000

- Ionizing radiation effects have immediate and long term parts
- At high doses, immediate effects are most important
- At low doses, long term risks are important

 Environmental exposures are low dose (the focus of this talk)

 Ionizing radiation can break molecules apart

 Breaks can happen anywhere in the cell and/or DNA



- Cells make and break molecules under very controlled conditions as part of life
- Radiation breaks molecules <u>uncontrollably</u>
- High levels of uncontrolled breaks causes damage to cells
- We are constantly exposed to background radiation

- Cells have repair mechanisms
- Very high ability for complete repair
- Some cells die

 Even fewer cells have defective repairs in DNA leading to risk of cancer

- Overall cancer risk from radiation
- Of 100 people, 42 will develop cancer
- One cancer (star) may result from 10,000 millirem above natural background, excluding radon

BEIR VII 2006

FIGURE PS-4 In a lifetime, approximately 42 (solid circles) of 100 people will be diagnosed with cancer (calculated from Table 12-4 of this report). Calculations in this report suggest that approximately one cancer (star) per 100 people could result from a single exposure to 0.1 Sv of low-LET radiation above background.



#### National Research Council BEIR VII June 2006

- Overall cancer incidences, uncertainties ± x2 to x3
- 1 to 3 in 1000 per rem above background 0.3% risk
- 420 in 1000 from all other causes 42% risk

#### Cancer deaths

- American Cancer Society 2005 2009
- Approx 34% of incidence rate, averaged
- Approx 66% overall survival rate

• Radon risk

EPA Citizens Guide To Radon 2005

RADO	N RISK IF	YOU SMOKE	
Radon Level	If 1,000 people who smoked were exposed to this level over a lifetime*	The risk of cancer from radon exposure compares to**	WHAT TO DO: Stop Smoking and
20 pCi/L	About 260 people could get lung cancer	<ul> <li>250 times the risk of drowning</li> </ul>	Fix your home
10 pCi/L	About 150 people could get lung cancer	200 times the risk of dying in a home fire	Fix your home
8 pCi/L	About 120 people could get lung cancer	<ul> <li>30 times the risk of dying in a fall</li> </ul>	Fix your home
4 pCi/L	About 62 people could get lung cancer	<ul> <li>5 times the risk of dying in a car crash</li> </ul>	Fix your home
2 pCi/L	About 32 people could get lung cancer	<ul> <li>6 times the risk of dying from poison</li> </ul>	Consider fixing between 2 and 4 pCi/L
1.3 pCi/L	About 20 people could get lung cancer	(Average indoor radon level)	(Reducing radon levels below
0.4 pCi/L		(Average outdoor radon level)	2 pCi/L is difficult)

Note: If you are a former smoker, your risk may be lower.

#### • Radon risk

EPA Citizens Guide To Radon 2005

# RADON RISK IF YOU'VE NEVER SMOKED Radon If 1,000 people who The risk of cancer from WHAT TO DO:

20 pCl/LAbout 36 people could get lung cancer< 35 times the risk of drowningFix your home10 pCl/LAbout 18 people could get lung cancer< 20 times the risk of dying in a home fireFix your home8 pCl/LAbout 15 people could get lung cancer< 4 times the risk of dying in a fallFix your home4 pCl/LAbout 7 people could get lung cancer< The risk of dying in a car crashFix your home2 pCl/LAbout 4 people could get lung cancer< The risk of dying in a car crashFix your home1.3 pCl/LAbout 2 people could get lung cancer(Average indoor radon level)(Reducing radon levels below0.4 pCl/LAbout 2 people could get lung cancer(Average outdoor radon level)2 pCl/L is difficult)	Radon Level	If 1,000 people who never smoked were exposed to this level over a lifetime*	The risk of cancer from radon exposure compares to**	WHAT TO DO:
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	0.4 pCi/L		(Average outdoor radon level)	2 pCi/L is difficult)

Note: If you are a former smoker, your risk may be higher.

\*Lifetime risk of lung cancer deaths from EPA Assessment of Risks from Radon in Homes (EPA 402-R-03-003).

\*\*Comparison data calculated using the Centers for Disease Control and Prevention's 1999-2001 National Center for Injury Prevention and Control Reports.

#### Radiation vs. Other Health Risks

Health Risk	Avg Days Life Lost	Health Risk	Avg Days Life Lost
Smoking 20 cigarettes	2370 (6.5 yrs)	Medical diag x-rays (US	avg) 6
Overweight 20%	985 (2.7 yrs)	All catastrophes	3.5
All accidents combined	435 (1.2 yrs)	1 rem occupational dose	1
Auto accidents	200		
Home accidents	95		
Drowning	41		
Nat BKG Radiation (cal	c) 8		

#### Radiation vs. Other industries

Health Risk	Avg Days Life Lost	Health Risk A L	vg Days .ife Lost
All Industries	74	Construction	302
Trade	30	Mining & Cuarrying	322
Manufacturing	43	0.65 rem/yr for 30 yrs (calc) (1984)	20
Service	47	0.23 rem/yr for 30 yrs (calc)	7
Government	55	(2003)	
Transp & Utilities	164		
Agriculture	277		

#### Short List of 1 in 1 Million Risk of Dying

Smoking 1.4 cigarettes (lung cancer)

Radiation dose of 10 mrem (cancer)

Eating 40 tablespoons of peanut butter (liver cancer)

Eating 100 charcoal broiled steaks (cancer)

Spending 2 days in New York City (air pollution)

Driving 40 miles in a car (accident)

Flying 2,500 miles in a jet (accident)

Canoeing for 6 minutes (accident)

Definitions vary

 NORM – Naturally Occurring Radioactive Material – as nature intended

 TENORM – Technologically Enhanced Naturally Occurring Radioactive Material – human activity that changes the natural presence or concentration of NORM

Black shale contains Uranium and Thorium

 Some reports state Marcellus contains higher levels of U than other shales

 (e.g. Resnikoff in http://www.rwma.com/Marcellus Shale Report 05-18-2010.pdf)

 Also present are K-40 and U decay products (see the decay chain presented earlier)

#### • U-238 content

#### Resnikoff et al

Table 1. Uranium Content and Depth of Marcellus Shale in Four Cores					
Location of the Core	Depth of Sample (feet)	Uranium Content (ppm)			
Allegheny, NY	7342 - 7465	8.9 - 67.7			
Tomkins County, NY	1380 - 1420	25 - 53			
Livingston County, NY	543 - 576	16.6 - 83.7			
Knox County, OH	1027 – 1127	32.5 - 41.1			

1 ppm U-238 = 0.7 pCi/g, 83 ppm = 58 pCi/g

• Soil avg about 2 ppm, avg background in cores 4 ppm

• Primary concern is Radium

#### • Why is Radium of such concern?

- Soluble in waters used in drilling
- Continues to evolve in brine water effluent over life of well
- Behaves like Calcium in the body bone seeker
- Emits high dose alpha radiation
- Bone marrow is radiation sensitive
- Retained in the body for a very long time
- Plates out creating scale buildup and possible external exposure concern

- K-40 content
- NY DSGEIS range 14 to 23 pCi/g
- Recall 433 pCi/g in salt substitute
- K-40 not a concern
  - Non-radioactive decay product (decays to Argon)
  - Much higher levels in human environment
  - Much lower hazard beta radiation

#### What Is Around Drill Sites

#### • Drill sites

- NY DSGEIS surveyed 28 sites, essentially background general radiation levels
- External gamma dose rates from scale build up at mature oil sites ranges up to 30 mrem/hr (IAEA TCS40)
- Cuttings U and Th remain in mineral formations as solids, very low mobility
- Concern remains with Radium in produced waters
## What Could Get Into Water

#### • EPA drinking water standard

Regulated Contaminants			
Regulated Radionuclide	MCL	MCLG	
Beta/photon emitters*	4 mrem/yr	0	
Gross alpha particle	15 pCi/L	0	
Combined radium- 226/228	5 pCi/L	0	
Uranium	30 µg/L	0	
*A total of 168 individual beta particle and photon emitters may be used to calculate compliance with the MCI			

EPA 2001

#### What Could Get Into Water

 Radium and Radon naturally found in well water from U close to ground water sources

 Radium will go where hydrofracturing chemicals will go

 Proper techniques preventing chemical contamination will also address radiological contamination

### **TENORM Wastes**

- No doubt a serious concern
- DEC Draft study lacking dose assessments and pathway analysis – DEC April 1999 NORM study should be done for Marcellus region
- Realistic modeling of waste production and thorough evaluation of all disposal methods (1999 study only mentions road spreading as most common)
- Use actual experience from other oil and gas producing states – find the best practices
- The technology exists for safe handling and disposal

- Naturally occurring radioactive gas
- From the decay of Radium
- Odorless and colorless
- Decay products more important than gas itself
- Decay products emit alpha radiation leading to high dose to lung tissue

# EPA Radon action level 4 pCi / L of air LONG TERM AVERAGE

Perform several short term tests or one long term test

More info to come



- 4 pCi/L is 370 mrem/yr to lung (UNSCEAR2000)
- Assumes 7000 hrs occupancy (80%)
- 40% equilibrium with decay products (ICRP65)
- Alpha quality factor of 20









SOURCE: Putnam, Hayes & Bartlett, Inc., September 1987.



- Soil is a grainy mixture of minerals, organic material and water
- Soil grains have
   large surface areas
- Radon near grain surface contributes to free radon gas



- Radium-226
- ▲ Radon-222
- $\alpha$  Alpha Particle
- Recoil Range The distance that a radon-222 atoms travels when the radium-226 atom disintegrates

- Moisture content important
  0% ~30% enhances Rn emanation, over ~30% emanation decreases
- Typical surface emanation rate ~0.5 pCi/sec per m<sup>2</sup>



- Radium-226
- ▲ Radon-222
- $\alpha$  Alpha Particle
- **R** Recoil Range The distance that a radon-222 atoms travels when the radium-226 atom disintegrates

In stagnant soil gas space Rn diffuses 1 – 2 meters before decay
Most indoor Rn comes from 10's of meters away

 Subsoil pressure gradients cause Rn movement

#### General trends

- Soil density  $\uparrow \rightarrow$  emanation rate  $\downarrow$
- Rock/soil fissures or cracks ↑ → emanation rate ↑
- Atmospheric pres  $\uparrow \rightarrow$  emanation rate  $\downarrow$
- Wind speed  $\uparrow \rightarrow$  emanation rate  $\uparrow$

Typical outdoor concentration
 0.1 – 0.3 pCi/L

 Sub-soil pressure gradients cause bulk Rn movement into the home, not diffusion

 Houses with basements more susceptible due to large surface area contact with soil

Chimney effect primary cause
 Furnace, boiler, fireplaces, general heating, etc.



#### **MAJOR RADON ENTRY ROUTES**

- A. Cracks in concrete slabs
- B. Spaces behind brick veneer walls that rest on uncapped hollow-block foundation
- C. Pores and cracks in concrete blocks
- D. Floor-wall joints
- E. Exposed soil, as in a sump
- F. Weeping (drain) tile, if drained to open sump
- G. Mortar joints
- H. Loose fitting pipe penetrations
- I. Open tops of block walls
- J. Building materials such as some rock
- K. Water (from some wells)





 EPA has found Avg basement ~0.5 – 2.5 pCi/L Drinking (well) water ~240 pCi/L Roughly 1000 – 10,000 pCi/L in water yields 1 pCi/L in air Natural gas ~20 pCi/L Overall ~95% from soils/rocks, ~5% from water, and minor other sources

#### Outdoor Radon

 Not a concern – rapid dilution in air around drilling and waste sites

#### Radon in gas

- Not a concern follows gas and combustion products
- Leaking gas lines more hazardous
- Leaking CO more hazardous



## Measuring Radon

- Rn gas measured in pCi per liter of air
- Rn decay products measured in Working Levels (WL)
  - Borrowed from mining industry
  - 1 WL = total potential α particle energy emission of 1.3x10<sup>5</sup> MeV = 100 pCi/l Rn-222 in equilibrium
  - Cumulative exposure WL Month (WLM) is 1 WL for 170 hrs (occupational)
  - 1 WL for public at home for 16 hr/day, 30 days is equivalent of ~3 WLM



## Measuring Radon

 Because Rn is a gas, decay products are particulate, EPA assumes 40% equilibrium

- 1 WL = 250 pCi/l of Rn-222 in homes
- 4 pCi/l = 0.016 WL
- EPA assumes ~40%, research shows wide variability, closer to ~20%
- Charged decay products plate out
- Recall that decay products more important than Rn gas itself

### Radon Effects



Attached vs. unattached fractions

- First decay product Po-218 may attach to ambient particles, remain unattached, or plate out onto surfaces
- If attached, ~0.1 0.5 μm particle sizes, inhaled and retained in nasal-pharyngeal region
- If unattached, more hazardous, drawn in deeper, attaches to tracho-bronchial region

## Radon Effects



 Upper bronchial bifurcations site of exposure

- Site of most unattached deposition
- Most dose from Po-218, Po-214 α's penetrates mucosal lining
- Basal cells under epithelium appear to be site of cancer induction

#### Radon Risk

#### Only effect attributed to Rn is lung cancer

Table D1: Lifetime risk of lung cancer death by radon level for never smokers, current smokers, and the general population.

Radon Level <sup>a</sup> (pCi/L)	Lifetime Risk of Lung Cancer Death from Radon Exposure in Homes			
	Never Smokers	Current Smokers	General Population	
20	3.6%	26.3%	10.5%	
10	1.8%	15.0%	5.6%	
8	1.5%	12.0%	4.5%	
4	0.7%	6.2%	2.3%	
2	0.4%	3.2%	1.2%	
1.25	0.2%	2.0%	0.7%	
0.4	0.1%	0.6%	0.2%	

Assumes constant lifetime exposure in homes at these levels.

<sup>b</sup> Estimates are rounded to the nearest tenth of a percent. No indication of uncertainty should be inferred from this practice.

Never smoker less than 100 cigarettes

EPA Assessment of Risks from Radon in Homes [EPA 402-R-03-003]

#### Radon Risk

Some points:
Smoking is synergistic
Risk estimates vary by factor of 2 to 3
Rn-220 (thoron) less concern, shorter half-life

Measure Rn or decay products?
Decay products responsible for lung dose
Rn pCi/L less dependent on building occupation or use, may give better estimate of hazard
Calibration devices available for Rn, not decay products

Rn measurement sufficient for screening

#### How to measure

- Follow manufacturer's instructions
- Highest readings in lowest living level
- Basements are NOT a living level, unless capable of being finished or finished for such purpose
- Homes right next to each other can have dramatic Radon differences

 Professional electronic detector
 Draws air samples for 1 – 2 days
 Grab sample – short term measurement



#### Charcoal canisters

- Most common, cheap
- Short term test, 2 5 days
- Avoid humid days and rooms like kitchens and baths
- Seal thoroughly and return promptly, time is important
- Rn adsorbed, decay products equilibrate, perform gamma spec
- Available at reduced cost from NYS DOH



#### Alpha track etch

- Long term integration possible 1 – 12 months
- Unaffected by environment
- Alphas leave tracks in plastic
- Counting tracks per area calibrated back to concentration
- Version available for water
- About \$30 ea (Radon Testing Corp of America – RTCA)



29272

 Electronic passive integrating Electrets and solid state Short to long term Rn decay detected electronically and recorded EPA assumptions built in to provide Rn or in some electronic devices WL







#### Mitigation methods

- Remember EPA action level is <u>long term</u> average over 4 pCi/L – do more than 1 short term test
- See EPA web site for a large amount of information on measuring and mitigation
- Start with least invasive, least cost and retest
- Goal: reduce pressure differences between inside and outside

#### • Do first:

Ventilate basements and crawlspaces

 Supply outside air (e.g. 4 inch flexible pipe) to furnace, fireplace and/or dryer location

Seal all cracks and joints – caulk, grout

Cover and seal sumps, all bare soil

Re-test

• Try second:

Pressurize house (fans)

• Seal / paint cinderblock, poured and brick walls with epoxy paint, cement paint, etc.

Fill block wall openings at top

Re-test

- Try third:
  - Sub-slab ventilation
  - Foundation ventilation
  - Both reduce pressure under slab or crawl space below that in basement
  - Fan blows gas outside
  - Re-test



Note: This diagram is a composite view of several mitigation options. The typical mitigation system usually has only one pipe penetration through the basement floor; the pipe may also be installed on the outside of the house.
## **Radon Mitigation**

#### • For water

- Activated charcoal filters, reverse osmosis for Radon and Radium
- Aerate or charcoal filtration for Radon



Note: This diagram is a composite view of several mitigation options. The typical mitigation system usually has only one pipe penetration through the basement floor; the pipe may also be installed on the outside of the house.

## **Radon Mitigation**

#### Other methods

 Air ionizers or ion generators can be very effective for attached and unattached decay products – charges particulates to attract decay products

 Air filters or electrostatic filters – effective for attached decay products

#### **Radon Final Comments**

Test now before drilling starts
Base line to monitor future changes
Find and fix high Radon levels

Test air and water

### **Final Comments**

Radiation is natural

 While Marcellus shale is richer in U than others, a lot more radioactivity is present in the environment naturally

 Radium is the primary concern for waste disposal

### **Final Comments**

 Drilling technology is mature – proper technique protects ground water

 Incidents will occur – technology exists to address impacts

 Further study of PA env monitoring and additional pathway analysis needed

# Thank You !!! Questions ???

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